In-Person and Virtual Care Options for Your Employees' Well-being

This is still a challenging time for everyone, especially the workforce. Most employees are adapting to a "new normal" as they manage themselves and their family while trying to remain safe from COVID-19, making it easy for them to put off their routine healthcare.

KelseyCare – in connection with Kelsey-Seybold – has abundant resources for your employees to safely access the top-quality care they need – in the clinic or virtually:

- **Same-Day and Next-Day In-Person Visits, Virtual Video Visits, E-visits, and Telephone Visits** – Virtual Visits available for Primary and Specialty Care with Kelsey-Seybold board-certified primary care physicians and specialists with written and video instructions on how to access virtual care options.
  - **Video Visits** are offered weekdays from 8 a.m. to 5 p.m. and after hours from 6 p.m. to 9 p.m., and from 10 a.m. to 4 p.m. Saturday and Sunday.
  - **E-visits** are offered weekdays from 8 a.m. to 9 p.m., and Saturdays, Sundays, and holidays from 10 a.m. to 4 p.m. Medical advice — including prescriptions as needed — is delivered to members’ MyKelseyOnline account with a one-hour turnaround.
  - **Telephone Visits** are available to patients who cannot conduct other virtual care visits and are offered with primary care physicians and specialists Monday – Friday from 8 a.m. to 5 p.m.

- **Make an Appointment Today Kelsey-Seybold Virtual Health**
- **MyKelseyOnline** – Secure patient portal to access virtual care, schedule appointments, email your doctor, view most lab results, and more.
- **After-Hours Nurse Hotline at 713-442-0000** – Open after regular office hours and on weekends and holidays. A Kelsey-Seybold After-Hours registered nurse will
answer members' questions, page the doctor on call if necessary or schedule a virtual care appointment with one of our providers.

- **CareConnect Convos** - FREE, weekly, live online conversations with Kelsey Seybold experts on subjects including sleep, allergies, and stress management. [Join the conversation here!](#)

As Houston's Accountable Care Plan, KelseyCare is committed to keeping you up to date on how we’re caring for our members during the COVID-19 pandemic so you can help your clients every step of the way.

**For more resources, please visit [kelseycare.com](http://kelseycare.com).**

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**Schedule a Virtual Health Visit!**