



**Anup Shah, MD, FAAOS**  
Orthopedic Surgery

March 24, 2021

To My Patients:

My last day to care for patients as a member of the medical staff will be **April 29, 2021**. It has been a privilege for me to have had the opportunity to care for you. I am grateful to the patients, physicians, physician assistants, and staff members I've had the privilege of knowing.

Though I will miss helping care for your orthopedic health, my dedicated colleagues will make every effort to help ensure your medical needs are met with as little interruption as possible.

To help you choose your new physician, I've selected colleagues and included their brief biographies for your consideration. To view their complete biographies, including video profiles, visit [kelsey-seybold.com/bios](https://kelsey-seybold.com/bios) and enter the physician's last name.

Kelsey-Seybold's electronic medical record system allows your medical records to be immediately available to other Kelsey-Seybold physicians and medical staff. Your new physician will also be able to access any notes I've made regarding your future healthcare.

For prescription refills before your next appointment, ask your pharmacist to call the number on your prescription label, or visit [kelsey-seybold.com/pharmacy/prescription-refills](https://kelsey-seybold.com/pharmacy/prescription-refills).

If you wish to obtain your records pertaining to clinical visits with me, you may request them by calling the Medical Records Department at 713-442-5700.

Thank you for entrusting me with your healthcare – it has been an honor.

Sincerely,

A handwritten signature in blue ink that reads "Anup Shah". The signature is fluid and cursive.

Anup Shah, MD

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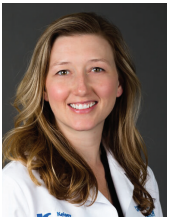
*For your consideration, orthopedic physicians welcoming new patients*

## Orthopedic Surgeons

### Berthelsen Main Campus



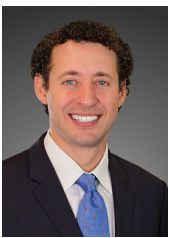
**Oladapo Alade, MD**, is a board-certified Orthopedics Surgeon. Dr. Alade completed his residency at University of Miami-Jackson Memorial Hospital. He specializes in foot and ankle injuries and has been a member of the Kelsey-Seybold medical staff since 2008.



**Catherine Cahill, MD**, co-chief of Orthopedics, is a board-certified Orthopedics Surgeon. Dr. Cahill completed her residency at Baylor College of Medicine. She specializes in minimally invasive hip and knee replacements, hip preservation, partial knee replacements, and robotic surgery of the hip and knee. She has been a member of the Kelsey-Seybold medical staff since August 2016.



**David Edelstein, MD**, is a board-certified Orthopedics Surgeon. Dr. Edelstein completed his residency at Northwestern University's Feinberg School of Medicine in Chicago. He specializes in hip and knee surgery. He has been a member of the Kelsey-Seybold medical staff since 2002.



**Yoav Kaufman, MD, FACS**, is a board-certified Plastic Surgeon. Dr. Kaufman completed his residency at Baylor College of Medicine. He specializes in reconstructive breast surgery, aesthetic breast surgery, cosmetic surgery for men and women, body contouring after weight loss, "mommy makeovers," as well as hand surgery. He has been a member of the Kelsey-Seybold medical staff since 2016.

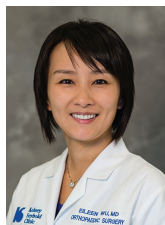


**Carlos Meheux, MD**, is a board-certified Orthopedics Surgeon. Dr. Meheux completed his residency at Houston Methodist Hospital. He specializes in adult hip and knee reconstructive surgery and has been a member of the Kelsey-Seybold medical staff since August 2020.



**Jose Nolla, MD**, co-chief of Orthopedics, is a board-certified Orthopedics Surgeon. Dr. Nolla completed his residency at Baylor College of Medicine. He specializes in upper extremity surgery – from hand to elbow – and endoscopy carpal tunnel repair. Bilingual in English and Spanish, he has been a member of the Kelsey-Seybold medical staff since 2006.

### Berthelsen Main Campus, Spring Medical and Diagnostic Center, The Woodlands Clinic



**Eileen Wu, MD**, is a board-certified Orthopedic Surgeon. Dr. Wu completed her residency at the University of Arizona College of Medicine Orthopaedic Surgery Program in Tucson. She specializes in surgery for knees, ACL, rotator-cuff impingements, fractures, dislocations, carpal tunnel, and trigger fingers. (No joint replacements.) Bilingual in English and Mandarin, she has been a member of the Kelsey-Seybold medical staff since 2016.

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**Schedule a Video Visit or In-Person Appointment.**

**Kelsey-Seybold's Contact Center** is available 24/7 at **713-442-0000**.

# *For your consideration, orthopedic physicians welcoming new patients*

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## Nonsurgical Orthopedics – Sports Medicine

### Berthelsen Main Campus



**Randal Stavinoha, MD**, is a board-certified physician specializing in Sports Medicine. Dr. Stavinoha completed his residency at Kaiser Permanente Medical Center in Santa Clara, Calif. He specializes in diagnosing and treating sports-related injuries, and has been a member of the Kelsey-Seybold medical staff since 1995.



**Christina Walker, MD**, is a board-certified Family medicine physician specializing in Sports Medicine. Dr. Walker completed her residency at Ohio State University-Thomas E. Rardin Family Practice Center in Columbus. She specializes in diagnosing and treating sports-related injuries, and has been a member of the Kelsey-Seybold medical staff since 2010.

### Fort Bend Medical and Diagnostic Clinic



**Jorge Velez, MD**, is a board-certified Family Medicine physician. He completed his Family Medicine residency at the University of Miami–Jackson Memorial Hospital. Bilingual in Spanish and English, he specializes in diagnosing and treating sports-related injuries, and has been a member of the Kelsey-Seybold medical staff since 2000.

### Pasadena Clinic



**Stephen Tabor, DO**, is a board-certified physician specializing in Sports Medicine with extensive training in concussion evaluation, treatment, and management. Dr. Tabor completed his residency at the Conroe Medical Education Foundation. He has been a member of the Kelsey-Seybold medical staff since 2012.

**Schedule a Video Visit or In-Person Appointment.**

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