



Sheldon Gaines, MD
Family Medicine

October 6, 2021

Dear Patients:

As some of you may know, I am transferring my medical practice to Kelsey-Seybold's new **Gulfgate Clinic**, which opens Monday, **Nov. 15, 2021**, where I will care for patients and serve as the managing physician.

It would be my privilege to continue providing you healthcare at our new 19,137-square-foot-clinic in the Gulfgate Shopping Center, 520 Gulfgate Center Mall (77087) near the northeast intersection of I-45 and Loop 610 S. For more information or to schedule an online appointment, please visit kelsey-seybold.com/find-a-location/gulfgate-clinic.

I will be joined by **Drs. Teryn Perkins, Pediatrics**, and **Alex Thomas, Internal Medicine**, transferring from our Clear Lake Clinic to care for patients at the new Gulfgate location.

There's no need to fill out paperwork; I will have immediate access to patient medical records through our electronic medical record system.

I understand some may prefer to continue their healthcare at the Pasadena location. If so, my Adult Medicine colleagues there will make every effort to help ensure your healthcare needs are met with as little interruption as possible.

I've included brief biographies of these physicians. To view their complete biographies, including video profiles, visit kelsey-seybold.com/bios and enter their name.

If you wish to obtain your records pertaining to clinical visits with me, you may request them by calling the Medical Records Department at 713-442-5700 and filling out a Release of Healthcare Information form.

I look forward to continuing with your healthcare at our new Gulfgate location.

Sincerely,

Sheldon Gaines, MD

Sheldon Gaines, MD

Please scroll down.

Adult Medicine physicians welcoming new patients at Pasadena Clinic

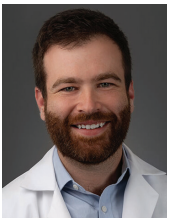
Family Medicine physicians



Tasnim Choudhury, DO, is a board-certified Family Medicine physician. Dr. Choudhury completed her residency at Henry Ford Allegiance Health | Henry Ford Health System, Jackson, Mich. Bilingual in Bengali and English, she has been a member of the Kelsey-Seybold medical staff since September 2021.



Irfan Mansuri, MD, is a board-certified Family Medicine physician. Dr. Mansuri completed his residency at Texas Tech University Health Sciences Center in Lubbock. He has been a member of the Kelsey-Seybold medical staff since 2003.



Jeffrey Smith, MD, is a board-certified Family Medicine physician. Dr. Smith completed his residency at The University of Texas Health Science Center at Tyler. He has been a member of the Kelsey-Seybold medical staff since 2019.

Internal Medicine physicians



Jaime Chavarria, MD, is a board-certified Internal Medicine physician. Dr. Chavarria completed his residency at the University of Illinois Medical Center in Chicago. Bilingual in English and Spanish, he has been a member of the Kelsey-Seybold medical staff since 2000.



Adriana Gonzalez, MD, is a board-certified Internal Medicine physician. Dr. Gonzalez completed her residency at The University of Texas Health Science Center at Houston. Bilingual in English and Spanish, she has been a member of the Kelsey-Seybold medical staff since 2014.



Anita Udayamurthy, MD, is a board-certified Internal Medicine physician. Dr. Udayamurthy completed her residency at the Academic Health Center at the University of Minnesota in Minneapolis. She has been a member of the Kelsey-Seybold medical staff since 2013.

Appointments

Schedule in-person appointments or Video Visits by calling Kelsey-Seybold's 24/7 Contact Center at **713-442-0000**.

MyKelseyOnline Patient Portal: As a Kelsey-Seybold patient, you can go online and directly schedule appointments with your primary care physician, pediatrician, and an expanding list of specialists. You can also email your doctor's office and view most lab results by signing up at **MyKelseyOnline.com**. Registration is easy. However, should you prefer assistance, or you've forgotten your password, call the **MyKelseyOnline Help Line**, Monday-Saturday, 7 a.m. to 7 p.m. at **713-442-6565**.