

WOMEN'S HEALTH SERVICES

Postpartum Mood Disorder Specialized Services

Texas Children's Hospital Center for Reproductive Psychiatry 6651 Main St, Suite 350 832-826-3000 https://women.texaschildrens.org/ The Center for Postpartum Family Health Texas 3418 Mercer #100 Houston, TX 77027 713-561-3884 www.cpfh.org

Crisis Intervention Services

Houston Area Women's Center

1010 Waugh Drive Houston, TX 77019 Phone: 713-528-6798 https://hawc.org/

Crisis Hotlines

Domestic Violence Hotline

713-528-2121

Sexual Assault Hotline 713-528-RAPE (7273)

National Suicide Prevention Hotline 1-800-273-8255

Hope Line - Resource for Postpartum Depression

1-800-PPD-MOMS (1-800-773-6667)

Internet Resources

<u>www.mededppd.org</u> - Information and resources; includes responses from mothers who have had postpartum depression to questions about their experiences and feelings.

https://www.postpartum.net/ - Postpartum Support International (PSI) information and help in your area.

https://www.postpartumdepression.org/support/groups/ - Postpartum Depression Support Groups