

Breast MRI

- Arrive 30 minutes prior to your scheduled appointment to check in and take care of any co-payments as needed by your insurance company.
- If you are claustrophobic please contact your physician to obtain any medications for you to take prior to the procedure. If you take a medication prior to the procedure you will need to have a driver. You will need to arrive 1 hour prior to the MRI procedure for you to sign the consent and paperwork for the procedure. Do not take this medication until the technologist meets with you.
- If you weigh over 300 pounds, please notify us. You will not be able to have the procedure at Kelsey-Seybold Clinic.
- If you are 60 years or older, take blood pressure medication, diabetic or have any renal problems you will need to have some lab tests done within 6 weeks prior to the procedure.
- Please inform your physician if you are pregnant.
- If you still have menstrual cycles this may affect what dates you may have the procedure.
- If you are taking hormones, they may need to be stopped prior to the procedure. Please notify your physician.
- If you have a pacemaker or defibrillator you may not have this procedure.
- Please inform the technologist if you have an aneurysm clip, have had brain surgery, have any implanted devices, breast tissue expanders or neuro stimulators.
- Do not eat or drink for 4 hours prior to your MRI test.
- Do not disrupt any medication schedule. We want you to continue taking your blood pressure, diabetes, thyroid, cholesterol medications, etc with a small sip of water. If you take insulin you may cover the insulin taken with a light snack 3 hours prior to the procedure or as directed by your physician.
- Because the technology uses strong magnets, it is essential that you remove anything metal — jewelry, snaps, belts, earrings, zippers, etc. — before the test. You may choose to leave your jewelry at home.

The clinical staff inserts an intravenous (IV) line into a vein in your hand or arm for the contrast material to be given intravenously.

Please advise the clinical staff if you have allergies to gadolinium or iodine prior to the procedure.

- You will lie face down with your arms extended forward on a moveable exam table. The affected breast or breasts will be positioned into openings in the table, so your breasts are not compressed. Your head is supported on a frame (like a masseuse frame) with mirrors situated so that the surrounding area may be seen.
- As the test starts, the table will proceed to enter the MRI machine feet first. Your breasts will be scanned and then the contrast will be injected. You will be scanned a second time to include the images with contrast.
- You will need to be very still during the test, which takes around 30 to 45 minutes.

If you have any questions, concerns or begin to have any serious problems, please contact your physician. You may also contact the Kelsey-Seybold Contact Center, which is available 24 hours a day, at 713-442-0000.