



Zakia Nuruddin, MD
Family Medicine

Dear Patient,

I am writing to let you know that I am planning to retire from my long-time Family Medicine practice at the Clinic on **April 26, 2024**. It has been an honor and privilege to be a primary care physician at Kelsey-Seybold over the past 19 years, and I have enjoyed the relationships I have been able to build with my patients.

Continuing your medical care is important, so I want to encourage you to select a new primary care physician without delay. Once you select and schedule an appointment with your new Kelsey-Seybold primary care doctor, they will have access to your medical history, including prescription medications, labs and test results, and your health history information.

I have included biographies of physicians who are welcoming new patients at our North Houston Campus. You can view any of their online profiles at kelsey-seybold.com/bios, where you can search for physicians by name, clinic locations, medical specialty, and languages spoken.

If you would like help in selecting your new Kelsey-Seybold primary care physician, call our **Patient Help Line** at **713-442-1233**. If you are a KelseyCare Advantage member, call **KCA Member Services** at **713-442-2273** weekdays from 8 a.m. to 5 p.m. for assistance in selecting your new primary care physician.

If you need prescription refills before your next appointment, ask your pharmacist to call the number on your prescription label, or visit your MyKelsey account or kelsey-seybold.com/prescriptionrefills to request a refill.

Best wishes for your continued health.

Sincerely,

Zakia Nuruddin, MD

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To schedule in-person appointments and Virtual Visits,
call Kelsey-Seybold's 24/7 Contact Center at **713-442-0000**.

kelsey-seybold.com

Primary Care Physicians Welcoming New Patients at North Houston Campus

Family Medicine



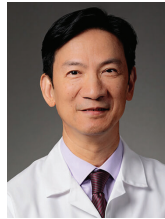
Sheldon Gaines, MD, earned his medical degree in 2016 at The University of Texas Medical Branch at Galveston. He completed his residency in Family and Community Medicine at Baylor College of Medicine in Houston in 2019. Dr. Gaines joined Kelsey-Seybold in 2019.



Deepthi Chiluvuri, DO, earned her Doctor of Osteopathic Medicine degree at A.T. Still University Kirksville College of Osteopathic Medicine in Missouri in 2015. Dr. Chiluvuri completed her residency in Internal Medicine at Methodist Medical Center in Dallas in 2018. She joined Kelsey-Seybold in 2020.



Yelena Krupnik, MD, completed her medical degree in 1988 from Nizhni Novgorod State Medical Academy in Nizhny Novgorod, Russia. She completed her Family Medicine residency training at West Penn Hospital in Pittsburgh, and she joined Kelsey-Seybold in 2018.



Frank Hua, MD, received his medical degree from Shanghai Medical University in 1983. He completed his psychiatry internship at Shanghai Mental Health Center and his Internal Medicine residency at Baylor College of Medicine. Dr. Hua joined Kelsey-Seybold in 1996.



Ndianabasi Mbride, MD, earned her medical degree in 2016 at Saint James School of Medicine in St. Vincent and the Grenadines in the Caribbean. In 2020, Dr. Mbride completed her Family Medicine residency at the University of Mississippi Medical Center in Jackson. She joined Kelsey-Seybold in 2022.



Amber Sleem, DO, earned her Doctor of Osteopathic Medicine degree at Alabama College of Osteopathic Medicine in 2019 in Dothan. Afterward, Dr. Sleem completed her Internal Medicine residency at Ochsner Medical Center in New Orleans, Louisiana in 2023. Dr. Sleem joined Kelsey-Seybold in 2023.



Momtaz Nahar, MD, earned her medical degree from Wayne State University School of Medicine in 2018. She completed her Family Medicine residency at Mercy Health Saint Mary's in Grand Rapids, Michigan, in 2021. Dr. Nahar joined Kelsey-Seybold in 2021.

If you wish to seek care outside of Kelsey-Seybold, you will need to obtain your medical record by calling the Medical Records Department at 713-442-5700 and filling out a Release of Healthcare Information Form.