



**Balaguru Ravi, MD, CAQSM**  
Kelsey-Seybold Clinic – Bay Area Campus  
Managing Physician

Dear Patient,

I am writing to inform you effective **February 28, 2024**, Dr. Christopher Campos is no longer with Kelsey-Seybold Clinic.

Continuing your medical care is important. I encourage you to select a new primary care physician without delay. Once you select and schedule an appointment with your new Kelsey-Seybold primary care doctor, they will have access to your medical history, including prescription medications, labs and test results, and your health history information.

I have included biographies of physicians who are welcoming new patients at our Bay Area Campus. You can view any of their online profiles at [kelsey-seybold.com/bios](https://kelsey-seybold.com/bios), where you can search for physicians by name, clinic locations, medical specialty, and languages spoken.

If you are a KelseyCare Advantage member, call KCA Member Services at 713-442-2273 weekdays from 8 a.m. to 5 p.m. for assistance in selecting your new primary care physician.

If you need prescription refills before your next appointment, ask your pharmacist to call the number of your prescription label, or visit your MyKelsey account or [kelsey-seybold.com/prescriptionrefills](https://kelsey-seybold.com/prescriptionrefills) to request a refill.

Best wishes for your continued health.

Sincerely,

*Balaguru Ravi, MD, CAQSM*

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To schedule in-person appointments and Virtual Visits,  
call Kelsey-Seybold's 24/7 Contact Center at **713-442-0000**.

[kelsey-seybold.com](https://kelsey-seybold.com)

## Primary Care Physicians Welcoming New Patients at Bay Area Campus

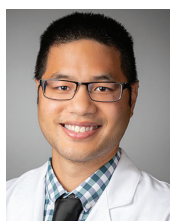
### Family Medicine



**Shahnawaz Khan, MD**, Dr. Shahnawaz completed his medical degree in 2014 at Ross University School of Medicine in Portsmouth, Dominica, West Indies. He completed his residency in Family Medicine in 2017 at The University of Texas Medical Branch at Galveston and joined Kelsey-Seybold in 2019.



**Garrett Levy-Meeks, MD**, Dr. Levy-Meeks attended Texas Tech University Health Science Center School of Medicine, earning his Doctor of Medicine in 2019. He completed a Family Medicine residency at University of Texas Medical Branch in 2022 and a Hospice and Palliative Medicine fellowship at McGovern Medical School in 2023. He joined Kelsey-Seybold in October 2023.



**Kenny Lam, MD**, Dr. Lam completed his Doctor of Medicine degree at Texas A&M Health Science Center, Bryan, Texas, in 2018 and his Family Medicine residency at Conroe Family Medicine in 2021. He joined Kelsey-Seybold Clinic in July 2021.



**Firas Quddos, MD**, Dr. Quddos earned his Doctor of Medicine at St. George's University School of Medicine in Grenada, West Indies, in 2010. He completed his Family Practice residency at Summa Barberton Hospital in Barberton, Ohio, in 2014 and joined Kelsey-Seybold in October 2020.



**Alexandria Lawrence, MD**, Dr. Lawrence obtained her Doctor of Medicine degree from the McGovern Medical School at the University of Texas Health Science Center at Houston (UTHealth) in 2020. She then completed her residency in Family Medicine at Wake Forest University in 2023. She joined Kelsey-Seybold Clinic in August 2023.

### Internal Medicine



**Yu-Lin Chung-Nielsen, MD**, Dr. Chung-Nielsen earned her Doctor of Medicine degree at UT Southwestern in Dallas in 2008, going on to complete both an internship and an Internal Medicine residency there in 2009 and 2011, respectively. Dr. Chung-Nielsen joined Kelsey-Seybold in September 2023.



**Shahnaz Khan, MD**, Dr. Khan completed her medical degree at Allama Iqbal Medical College in Pakistan in 1980. She completed her Internal Medicine residency at Nassau County Medical Center in New York in 1991. She joined Kelsey-Seybold in 2024.



**Niki Jackson, MD**, Dr. Jackson completed her medical degree at McGovern Medical School at the University of Texas Health Science Center Houston in 2017. She completed both her internship and residency at Mayo Clinic College of Medicine in Scottsdale before joining Kelsey-Seybold in October 2023.



**Sara Meloche, MD**, Dr. Meloche studied medicine at The University of Texas Medical Branch at Galveston, where she completed her medical degree, internship and residency. She joined Kelsey-Seybold in 2010.

If you wish to seek care outside of Kelsey-Seybold, you will need to obtain your medical record by calling the Medical Records Department at 713-442-5700 and filling out a Release of Healthcare Information Form. For prescription refills before your next appointment, ask your pharmacist to call the number on your prescription label, or visit [kelsey-seybold.com/prescriptionrefills](https://www.kelsey-seybold.com/prescriptionrefills).