

Blue EssentialsSM

with Kelsey-Seybold

Your Connection
to Quality Care



HuntonGroup



Choosing a Kelsey-Seybold primary care physician is your connection *to a healthcare team focused on you.*

It's important to make sure you and your family have great quality care when it comes to your health. Choosing a Kelsey-Seybold Clinic primary care physician (PCP) when you enroll in your **Blue Essentials** plan gives you access to top-tier physicians you know and trust.

Think of your Kelsey-Seybold provider as the quarterback of your team. With quality care, convenience, care coordination, Video Visits and more – choosing a Kelsey-Seybold PCP is the first step in getting connected.

Focus on what you do best: **Let us focus on you.**

 **Kelsey-Seybold Clinic**[®]
Changing the way health cares.SM

Your Connection

*to quality care from
nationally recognized physicians.*



Kelsey-Seybold meets and exceeds standards set by quality accrediting organizations including the prestigious National Committee for Quality Assurance (NCQA). We're the first healthcare organization in the United States to receive NCQA accreditation as an Accountable Care Organization (ACO). In addition, Kelsey-Seybold has many physicians in the Greater Houston area certified for excellence in diabetes and heart and stroke care by the NCQA.

**Our credentials match
our quality of care.**

Let us care
for you and
your family.



Your Connection

to 24/7 access to care.

Choosing a Kelsey-Seybold PCP when you enroll in the **Blue Essentials** plan offers you:

- The convenience and access to multispecialty Kelsey-Seybold locations all over the Greater Houston area – see *any* doctor at *any* Kelsey-Seybold location you wish with **no referral required** to see a Kelsey-Seybold specialist.
- 24/7 access to care – call the **Kelsey-Seybold After-Hours Nurse Hotline** at 713-442-0000 on weekdays after 5 p.m. and on weekends and holidays. Speak with experienced Kelsey-Seybold nurses who have access to your medical records and can counsel you, make appointments for you, and page your doctor whenever needed.
- The quality care that Kelsey-Seybold doctors and partner hospitals are known for.

Schedule an appointment with any
Kelsey-Seybold physician, no referral required.

24/7 Appointment Scheduling
Call 713-442-0000



Connect to Care.

Call the **Kelsey-Seybold After-Hours Nurse Hotline**, available weekdays after 5 p.m. and on weekends and holidays. There's one easy-to-remember number: **713-442-0000**.

Your Connection

to care when and where you need it.

Kelsey-Seybold's Virtual Health program means you and your family can get convenient medical care for many conditions when and where you need it.

Virtual Care Is Available on Weekdays, Evenings, Weekends, and Holidays!

VIDEO VISITS

Have a real-time conversation with a Kelsey-Seybold provider from your smartphone, tablet, or computer using the MyKelsey app or MyKelseyOnline.

Pediatric Video Visits: ages birth-17. **Mon. – Fri.: 8 a.m. to 5 p.m., Sat.: 9 a.m. to 2 p.m.**

Adult Video Visits: 18 years and older. **Mon. – Fri.: 8 a.m. to 9 p.m. Sat. – Sun. and Holidays: 10 a.m. to 4 p.m.**

Your care is delivered by a Kelsey-Seybold board-certified provider who can access your medical record. You can see a Kelsey-Seybold primary care provider for more than 50 conditions as well as ongoing, follow-up care for chronic illnesses. Many Kelsey-Seybold specialists are also able to offer Video Visits for your ongoing care.

50+ Conditions • 365 Days a Year.

It's Your Choice!

Connect face-to-face using your smartphone, tablet, or computer.

You can expect the same great Kelsey-Seybold quality – when and where you need it. Members have the option to conduct an E-visit or Video Visit through MyKelseyOnline or the MyKelsey app. Your care will be delivered by a Kelsey-Seybold provider who has access to your medical records and can send secure updates to your primary care doctor or pediatrician.

ADULT AND PEDIATRIC E-VISITS

Start an E-visit using your MyKelseyOnline account or the MyKelsey app and get a response in an hour or less. Adult visits are available to patients 18 years and older and pediatric visits are available for children ages 2 to 17.

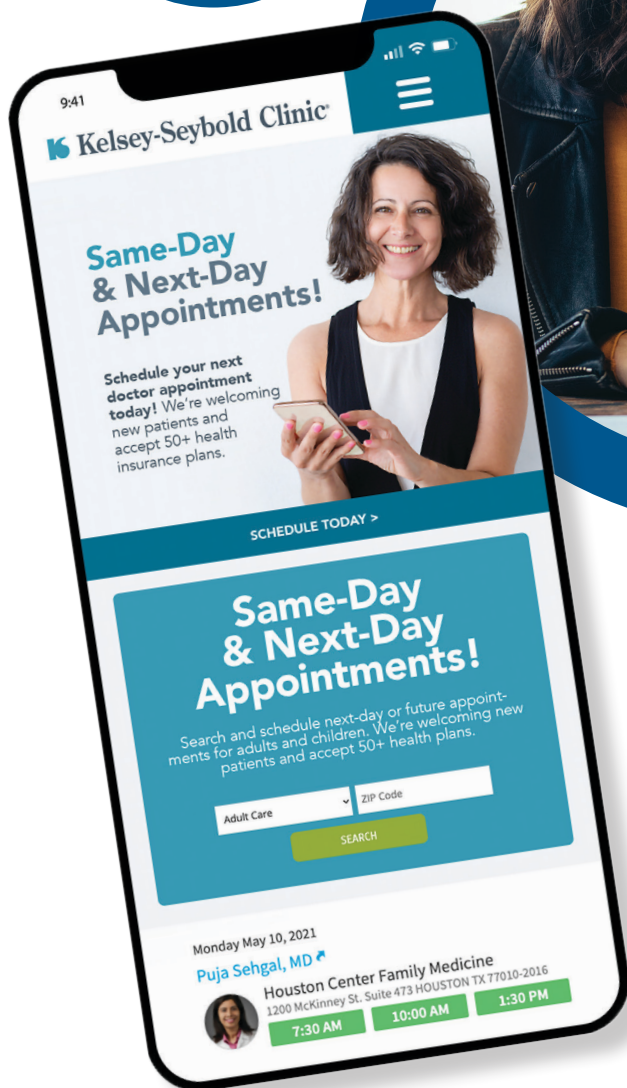


Go to
kelsey-seyboldvirtualhealth.com
for the latest information.

Need help?
Call the MyKelseyOnline Help Line at
713-442-6565.

Your Connection

to care at your fingertips.



SAME-DAY NEXT-DAY APPOINTMENTS

- 1 Go to kelsey-seybold.com.
- 2 Enter your ZIP code.
- 3 Book the next available primary care appointment.

Let us
make this
a little
easier
on you.



See a Kelsey-Seybold doctor on Saturdays.

When someone in your family is ill and you can't wait until Monday, Kelsey-Seybold offers in-person Saturday appointments from 9 a.m. to 2 p.m. at four convenient locations: **Clear Lake Clinic, Fort Bend Medical and Diagnostic Center, Memorial Villages, and North Houston Campus.**

Connect with your Kelsey-Seybold doctor's office with MyKelseyOnline.

With **MyKelseyOnline**, Kelsey-Seybold's secure patient portal, you can email your doctor's office, schedule appointments, get most test results, and more.



Your Connection

to state-of-the-art technology.

As a nationally accredited cancer program, the **Kelsey-Seybold Cancer Center** delivers care according to best practices and the nation's rapidly advancing treatment guidelines. This means our medical professionals follow the same nationally established treatment protocols for cancer, as do all other nationally accredited cancer centers.

With state-of-the-art radiation therapy and a newly expanded Infusion Center at our Berthelsen Main Campus, our patients are able to see their doctors and get radiation preparation and treatment, chemotherapy, biopsies, scans, and other services in one location. Learn more at kelsey-seybold.com/cancercenter.



The Kelsey-Seybold Cancer Center offers Varian TrueBeam® and Varian Edge® technology that safely delivers precise radiation treatment with incredible control and coordination. The treatment couch, or bed, moves to reposition the patient as needed. Varian technology represents a major leap forward in the speed, accuracy, and safety of radiation therapy.



When you choose a Kelsey-Seybold PCP, you have access to our board-certified Kelsey-Seybold Cancer Center team within days of receiving a diagnosis. Should you require care that's not available within the Kelsey-Seybold Cancer Center, our cancer specialists will coordinate your care with the appropriate cancer center or treatment program that offers the best outcomes for your personal situation. This includes **MD Anderson Cancer Center** and **Baylor College of Medicine**.



**Let us
give you
our best.**

Your Connection









to all Kelsey-Seybold Clinic locations and their affiliates.

When you choose a Kelsey-Seybold PCP in your Blue Essentials health plan, you have access to hundreds of Kelsey-Seybold doctors in more than 65 medical specialties. Choose *any* Kelsey-Seybold primary care doctor or specialist at *any* location – with no referrals required.

- You have access to *all* Kelsey-Seybold Clinic locations, and your secure electronic medical record follows you wherever you go. Your doctor can see all tests and notes from your previous visits – reducing hassles for you.
- Your Kelsey-Seybold doctors work with top subspecialists in the Texas Medical Center and in the community and will coordinate your care with these doctors based on your needs.
- Affiliated specialists who work with us include doctors at the renowned **Texas Children’s Hospital, Baylor College of Medicine**, and other highly regarded physician organizations. (A referral is needed to see affiliated specialists.)

**Convenient
locations
and premier
hospital
partners.**



-  Kelsey-Seybold Clinic
-  Open Saturday, 9 a.m. to 2 p.m.
-  Sleep Center
-  Ambulatory Surgery Center
-  Breast Diagnostic Center
-  Cancer Center
-  Partner Hospital
-  Kelsey Pharmacy

See a Kelsey-Seybold doctor on Saturdays.

When someone in your family is ill and you can't wait until Monday, Kelsey-Seybold offers Saturday appointments from 9 a.m. to 2 p.m. at four convenient locations: **Clear Lake Clinic**, **Fort Bend Medical and Diagnostic Center**, **Memorial Villages Campus**, and **North Houston Campus**.



Clear Lake Clinic
1010 South Ponds Drive
Webster, Texas 77598



Fort Bend Medical and Diagnostic Center
11555 University Blvd.
Sugar Land, Texas 77478



Memorial Villages Campus
1001 Campbell Road
Houston, Texas 77055



North Houston Campus
15655 Cypress Woods Medical Drive
Houston, Texas 77014

Your Connection

to quality and convenience.

You can count on Kelsey-Seybold for your entire family's healthcare needs, from pediatric care to specialized care for teens and adults of all ages – across multiple specialties.

Kelsey-Seybold offers conveniently located, multispecialty care centers across the Greater Houston metropolitan area. We have proudly served generations of Houstonians since 1949.

Our centers offer multiple medical specialties, on-site lab, X-ray and advanced imaging, nutrition counseling, and other conveniences, including an on-site Kelsey Pharmacy at most locations.



Your Connection

to easy enrollment.

3 Easy Steps to choosing a Kelsey-Seybold Primary Care Physician

Step 1:

Choose the **Blue Essentials** plan option.

Step 2:


Visit kelsey-seybold.com/blueessentials to find a list of Kelsey-Seybold Clinic primary care physicians (PCP) and their unique 10-digit PCP ID number. You can also call our Patient Help Line at 713-442-1233 for personalized assistance in choosing a PCP.

Step 3:

Write down the PCP's name and ID number and follow your employer's enrollment process to enter the PCP's name and ID.

After Open Enrollment

In the **Blue Essentials** plan, you can change your PCP selection at any time. Choose a Kelsey-Seybold PCP any time during the plan year. Call Blue Cross Blue Shield Provider Services at 1-877-289-2377 and ask to speak to a "Customer Advocate" when prompted for an extension.



Choose the **Blue Essentials** plan
and a Kelsey-Seybold
Primary Care Physician during
open enrollment to experience
quality and *convenience*.

 **Kelsey-Seybold Clinic**[®]
Changing the way health cares.[™]



Your Connection

to caring.

Learn more about how
the **Blue Essentials** plan
can get you connected to care.

**[kelsey-seybold.com/
BlueEssentials](https://kelsey-seybold.com/BlueEssentials)**