

YES. *You Can*
Get Kelsey-Seybold Doctors in
Blue EssentialsSM.



 **Kelsey-Seybold Clinic[®]**
Changing the way health cares.SM



YES.

Choosing a Kelsey-Seybold primary care physician is your connection *to a healthcare team focused on you.*

It's important to make sure you and your family have great quality care when it comes to your health. Choosing a Kelsey-Seybold Clinic primary care physician (PCP) when you enroll in your Blue Essentials plan gives you access to top-tier physicians you know and trust.

Think of your Kelsey-Seybold provider as the quarterback of your team. With quality care, convenience, care coordination, Virtual Visits and more – choosing a Kelsey-Seybold PCP is the first step in getting connected.

Focus on what you do best: **let us focus on you.**

 **Kelsey-Seybold Clinic®**
Changing the way health cares.™

YES. *You Can* get quality care from nationally recognized physicians.



LEVEL 2



Kelsey-Seybold meets and exceeds the standards set by quality accrediting organizations, including the prestigious National Committee for Quality Assurance (NCQA). Our physicians have achieved more NCQA quality recognitions for diabetes and heart/stroke care than any medical organization in the Greater Houston area.

We're the first healthcare organization in the United States to receive accreditation as an Accountable Care Organization (ACO) by the NCQA. This means you can trust your Kelsey-Seybold doctors to effectively communicate with each other to coordinate your care. Our focus is on quality at every step along the way.

Our credentials demonstrate our quality of care.

During Open Enrollment

Step 1: Choose the Blue Essentials option.

Step 2: Visit kelsey-seybold.com/blueessentials to find a list of Kelsey-Seybold Clinic primary care physicians (PCP) and their ten-digit Blue Essentials Provider Number.

Step 4: Enter your Kelsey-Seybold PCP selection during open enrollment following your employer's process.

Step 5: Submit your benefits selection.

When you choose a Kelsey-Seybold PCP during open enrollment, you have access to *all* Kelsey-Seybold primary care and specialty providers. You do not have to change your PCP to see *any* Kelsey-Seybold primary care physician, and you will never need a referral to see a Kelsey-Seybold Clinic specialist.

After Open Enrollment

In Blue Essentials, you can change your PCP selection at any time. Choose a Kelsey-Seybold PCP any time during the plan year.

Let us care
for you and
your family.



YES. *You Can* have 24/7 access to care.



Choosing a Kelsey-Seybold PCP when you enroll in the **Blue Essentials** offers you:

- The quality care that Kelsey-Seybold doctors and partner hospitals are known for.
- The convenience and access to 25 multispecialty Kelsey-Seybold locations all over the Greater Houston area – see *any* doctor at *any* Kelsey-Seybold location you wish, with **no referral required** to see a Kelsey-Seybold specialist.
- 24/7 access to care – call the **Kelsey-Seybold After-Hours Nurse Hotline** after 5 p.m. and on weekends to speak with experienced Kelsey-Seybold nurses who have access to your medical records, can counsel you, make appointments for you, and can page on-call doctors.



**Let our local, experienced
nurses guide and help you.
713-442-0000**

You've Got Options!

- **Same-Day and Next-Day Appointments** with primary care physicians
- **Saturday Appointments**
- **Video Visits 7 Days a Week** – available weekdays until 9 p.m. and weekends.
- **24/7 Appointment Scheduling** – call 713-442-0000

**Let us give you
24/7 access.**

- After-Hours Nurse Hotline
- Virtual Visits
- Appointment Scheduling
by Phone or Online



YES. *You Can* **get virtual care when and where you need it.**

Schedule Video Visits with local providers you know and trust.

Weekdays • Evenings • Weekends • Holidays

Kelsey-Seybold's Video Visits mean convenient medical care for many conditions when and where you need it.

VIDEO VISITS Have a real-time conversation with a Kelsey-Seybold provider from your smartphone, tablet, or computer using the MyKelsey app or on MyKelseyOnline.com.

Pediatric Video Visits: (birth-17 years) **Mon. – Fri.: 8 a.m. to 5 p.m.,
Sat. – Sun. and Holidays: 10 a.m. to 4 p.m.**

Adult Video Visits: (18 years+) **Mon. – Fri.: 8 a.m. to 9 p.m.
Sat. – Sun. and Holidays: 10 a.m. to 4 p.m.**

Your care is delivered by a Kelsey-Seybold board-certified provider who can access your medical record. You can see a Kelsey-Seybold primary care provider for more than 50 conditions as well as ongoing, follow-up care for chronic illnesses. Many Kelsey-Seybold specialists are also able to offer Video Visits for your ongoing care. It's your choice!

50 Conditions • 7 Days a Week.

Weekdays • Evenings • Weekends • Holidays

It's Your Choice!

New to Kelsey-Seybold or Not Sure How to Get Started with Video Visits?

Step 1: Call the MyKelsey Online Helpline: 713-442-6565
(7 days • 7 a.m. – 9 a.m.) or 24/7 Contact Center at
713-442-0000.

Step 2: Let the Kelsey-Seybold representative know:

- You are new to Kelsey-Seybold,
- You would like to schedule a Video Visit.

Step 3: Answer a few questions to set up your
MyKelseyOnline account and
schedule your video visit!

**Current Patients
Already Registered
on MyKelseyOnline,
Schedule Right From
Your Phone!**

713-442-6565



YES. *You Can* have care at your fingertips! *See a Doctor Today!*

View weekday appointments in seconds at kelsey-seybold.com.

Instant online appointment scheduling as easy as 1-2-3!

- 1** Enter your ZIP.
- 2** Pick a time.
- 3** Schedule it!



Get Saturday appointments at 4 regional locations.

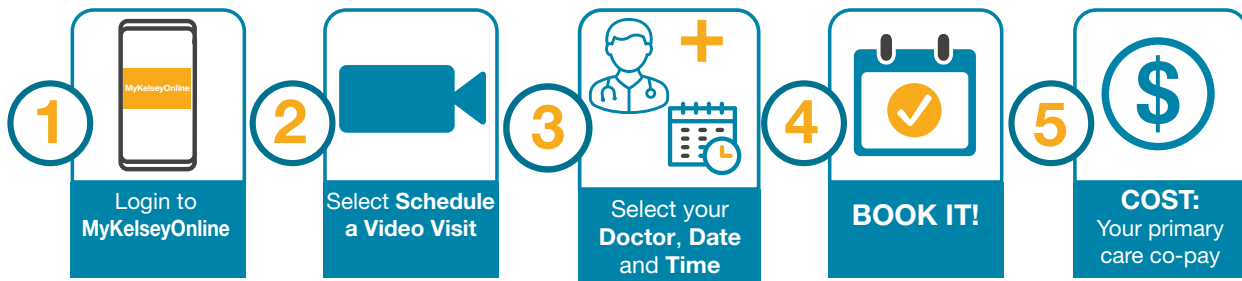


See a Kelsey-Seybold doctor on Saturdays.

We offer Saturday appointments from 9 a.m. to 2 p.m. at four convenient locations: **Fort Bend Medical and Diagnostic Center**, **Tanglewood Clinic** near the Galleria, **Spring Medical and Diagnostic Center**, and **Clear Lake Clinic**.

Connect with your Kelsey-Seybold doctor's office with MyKelseyOnline.

With **MyKelseyOnline**, Kelsey-Seybold's secure patient portal, you can email your doctor's office, schedule appointments, get most test results, and more.



YES. *You Can* access nationally-accredited cancer care.

You have access to 450+ physicians with **no referral required.**

As a nationally accredited cancer program, the **Kelsey-Seybold Cancer Center** delivers care according to best practices and the nation's rapidly advancing treatment guidelines. This means our medical professionals follow the same nationally established treatment protocols for cancer other nationally accredited cancer centers follow.

With state-of-the-art radiation therapy and a newly expanded Infusion Center at our Berthelsen Main Campus, our patients are able to see their doctors and get radiation preparation and treatment, chemotherapy, biopsies, scans, and other services in one location. Learn more at kelsey-seybold.com/CancerCenter.



The Kelsey-Seybold Cancer Center offers Varian TrueBeam® and Varian Edge® technology which safely deliver precise radiation treatment with incredible control and coordination. The treatment couch, or bed, moves to reposition the patient as needed. Varian technology represents a major leap forward in the speed, accuracy, and safety of radiation therapy.



When you choose a Kelsey-Seybold PCP, you have access to our nationally-accredited **Kelsey-Seybold Cancer Center** team within days of receiving a diagnosis. In some cases, our cancer specialists will coordinate your care with the affiliated cancer center or treatment program that offers the best outcomes for your specific situation.

Kelsey-Seybold *Cancer Center*

healing happens hereSM



**Let us
give you
our best.**

YES. *You Can* visit *all* Kelsey-Seybold Clinic locations and their affiliates.










When you choose a Kelsey-Seybold PCP at enrollment, it means you have access to hundreds of Kelsey-Seybold doctors in more than 55 medical specialties. Choose *any* Kelsey-Seybold primary care doctor or specialist at *any* location – with no referrals required.

- You have access to *all* Kelsey-Seybold Clinic locations, and your secure electronic medical record follows you wherever you go. Your doctor can see all tests and notes from your previous visits — reducing hassles for you.
- Your Kelsey-Seybold doctors work with affiliated sub-specialists in the Texas Medical Center and in the community and can coordinate your care based on your needs.
- Affiliated specialists who work with us include doctors at the renowned **Texas Children’s Hospital, Baylor College of Medicine**, and other highly regarded physician organizations. A referral is needed to see affiliated specialists.

See a Doctor Today!

Visit kelsey-seybold.com for instant online appointment scheduling.



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|---|---|
|  Kelsey-Seybold Clinic |  Ambulatory Surgery Center |
|  Sleep Center |  Breast Diagnostic Center |
|  St. Luke's Community Emergency Center |  Cancer Center |
|  Saturday Sick-Care Clinic |  Partner Hospital |
| |  Pediatrics Extended Hours |

YES. *You Can* **count on Kelsey-Seybold Clinic** **for quality and convenience.**

You can count on Kelsey-Seybold for your entire family's healthcare needs from pediatric care to specialized care for teens, adults, and senior citizens – across multiple specialties.

Kelsey-Seybold offers conveniently located, multispecialty care centers all across the Houston metropolitan area. We have proudly served generations of Houstonians for more than 70 years.


Our centers offer multiple medical specialties, on-site lab, X-ray and advanced imaging, nutrition counseling, and other conveniences, including an on-site Kelsey Pharmacy at most locations.

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Notes

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Select *Blue Essentials* and choose a
Kelsey-Seybold PCP during
open enrollment to experience
quality and *convenience*.

 **Kelsey-Seybold Clinic**[®]
Changing the way health cares.SM

For more information,
call **713-442-1233** or visit
kelseycare.com/blueessentials.



Your Connection

to caring.

Select **Blue Essentials** and choose a Kelsey-Seybold primary care physician during open enrollment to experience quality and convenience.

Call **713-442-1233** or visit
kelseycare.com/blueessentials.

 **Kelsey-Seybold Clinic®**
Changing the way health cares.™

